



Ermington Public School Newsletter



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Week 2 Term 4

Tuesday 23rd October 2018

CALENDAR OF EVENTS

Week 2 Term 4

Tuesday 23rd October Kindergarten Orientation Day # 1
Wednesday 24th October Grandparents Day
Thursday 25th October 3-6 Assembly – 2:05pm
Friday 26th October K-2 Assembly – 11:30am

Week 3 Term 4

Monday 29th October Ryde School Spectacular Concert – Sydney Opera House
Tuesday 30th October Kindergarten Orientation Day #2
Wednesday 31st October Nude Food Day

Week 4 Term 4

Monday 5th November Band Demonstration Years 2-6 – School Hall
Tuesday 6th November Kindergarten Orientation Day #3
Wednesday 7th Nov Surf Awareness – Stage 2 & 5L
Thursday 8th November K-6 Assembly – 2:05pm
Epping District Music Festival – Rehearsal and Evening Performance

Week 5 Term 4

Thursday 15th November Parliament House visit – Prefects and Parents

Week 6 Term 4

Wednesday 21st Nov P&C Cake Stall
3-6 Assembly – 2:05pm
Thursday 22nd November Stage 1 Excursion – Old Schoolhouse Museum
K-2 Assembly – 11:30am
Friday 23rd November

NOTES/PAYMENT THIS WEEK

Epping District Music Festival

- **Please finalise**

Kindy Field of Mars Excursion (\$28.00)

- **Permission Note and Payment by Monday 5th November**

Surf Education (\$45.00)

- **Permission Note and Payment by Wednesday 31st October**

Stage 1 - Old Schoolhouse Museum Excursion (\$27.00)

- **Permission Note and Payment by Friday 9th November**

** No money collected on Fridays **

This week, our focus is on **SHOW RESPECT**. We demonstrate this by allowing others to learn, listening and communicating with courtesy, respecting the property of others and actively accepting the rights and differences of others.



Kindergarten Orientation

Our first Kindergarten orientation went ahead today. We welcomed our new Kindergarten students and parents to Ermington Public School. There will be two more sessions over the next couple of weeks.

Grandparents Day

Grandparents and parents are invited to a special Grandparents Day Assembly tomorrow Wednesday, 24th October 2018. Grandparents are invited into our classrooms at 9:15am to view students' work and then at 10:00am they can go to the hall for a special assembly. A student from each year group will be presenting a reading and there will be some special performances showcasing the talented students at Ermington Public School. After the assembly, grandparents and parents are invited to stay and have morning tea on the oval with their grandchildren. Some light food will be provided. Please feel free to bring a picnic rug or towel to sit on, as well as your morning tea. The K-6 students look forward to seeing you all there.

Ryde Schools' Spectacular

Best of luck to our dancers and singers for their upcoming performance at the Sydney Opera House on Monday evening. Thank you to the teachers (Miss Blackman, Mrs Dhanji, Mrs Harrison and Miss Brown) for preparing the students. The dress rehearsals, went well last Friday and the students should be commended on representing Ermington Public School with pride.

Tell Them From Me Surveys

Thank you to those who have already participated in the parent survey. If you haven't yet participated in the survey it will typically take 15 minutes or less to complete and is completely confidential. The survey is available in 22 different languages. Please complete the survey using the following address: <https://nsw.tellthemfromme.com/survey/splash/56359>

The survey window will close on **Thursday 25th October, 2018**. Although participating in the survey is entirely voluntary, your responses are very much appreciated.



Is your child leaving Ermington Public School at the end of the 2018 school year?

The Executive will soon begin the task of organising classes for 2019. Please inform the school (via a letter or email) addressed to myself if your child is NOT returning to Ermington Public School in 2019. Thank you for your cooperation in this matter.

Kind Regards,

Samantha Newth
Relieving Principal

Stage News

Kindergarten

Our students are having such an exciting week! Today we shared recess with the new Kindies who will be starting next year. On Wednesday we look forward to welcoming all the Grandparents to celebrate Ermington's Grandparents' Day! On Friday KC will be presenting their item to the assembly, which commences at 11.25. Our sight words for the week are 'once, upon, time and after' and our sounds are 'at and or'. It's Assessment week in Speaking and Listening and everyone will be giving a short presentation about his/her home and their favourite room or part of the house. Finally, all Kindy classes are now using the very ends of their glue sticks and the last paper towel rolls too. Your teachers would be ever so grateful and delighted if each child could send in a donation to get us to the end of the year! We thank you in anticipation!

Stage 1

Welcome to Week 2. Stage one boys and girls had a great week back at school with those who attended the Musica Viva enjoying the different instruments and performance. This week will be equally fun with the celebration of Grandparents Day this Wednesday. Some stage one teachers have noticed that we are running low on whiteboard markers; please ask your child if they need to replace their whiteboard marker in class, so that they are prepared for classroom activities. As the temperature begins to rise, students should now be wearing their summer uniform to school. A reminder to all parents to return the Presentation Day permission notes back to their class teachers as soon as possible. All Intermediate choir students to please return the orange permission forms if they haven't yet done so and the tickets for the Chatswood concourse night held on 8th November will be available soon. A friendly reminder, please encourage your children to keep toys at home so they don't get lost or damaged.



2Q

This year 2Q have been collecting plastic bottles and cans through the "Return and Earn" scheme. We receive 10cents per can or bottle and this year 2Q has raised \$217.80 for our school. That's 2178 bottles!



Stage 2

It has been a great start to term! Last week we enjoyed Musica Viva and the students participated with enthusiasm. We are looking forward to Grandparent's Day on Wednesday. Surf Education notes and money are due on 31st October. Our stage is running low on paper towels, tissues and soap. We would really appreciate if you could contribute. Students are encouraged to continue working on their Speaking and Listening homework task as they are due next week. Good luck to our Ryde Schools' Spectacular dance group and choir on Monday 29th October at the Sydney Opera House.

Stage 3

Musica Viva last week was really fun to see such unusual instruments and especially to see YuTong play that instrument that looked similar to a cello. Children really enjoyed the story about Leonardo da Vinci acted out in music. This week it will be a pleasure to have our grandparents visit us and hopefully they will enjoy the presentation on Wednesday. Notes have gone home regarding the nominations regarding student council for 2019. Year 6 have had their first meeting regarding the mini fete which will be held on Wednesday 28th November and have started planning for their stall.

Year 6 Mini Fete

We need items for the White Elephant stall! Could you please send along some pre-loved toys, books (not too many) plus any other items you think might sell well. Please send them to a Year 6 classroom.

Student Leadership 2019

On Monday, all Year 5 students met to discuss the many leadership opportunities there are for 2019. Notes regarding the Student executive went home yesterday that outline the roles and responsibilities as well as nomination forms. Nomination forms are due to teachers by Friday, 26th October.

3-6 Dance Group

On Friday, the 3-6 Dance group travelled to the Sydney Opera House for the Ryde School Spectacular dress rehearsal. We had such a fun day practising our performances and watching the other schools performing in the show. As we were leaving we got to see the Invictas Flag. We looked for Prince Harry but unfortunately didn't see him. We can't wait for the actual concert that will be on next Monday, 29th October.

By Matilda and Laura



Nude Food Day

Did you know that 50% of items in school bins comes from food and drink packaging from home? Please help us reduce this number by participating in Ermington Public School's first Nude Food Day. Nude food is simply food that is not stored in foil, cling wrap or commercial packaging.

Nude Food Day will be on Wednesday 31st October, and continue every Wednesday for the rest of the term. Please help support this great cause by packing your child's food and drink in reusable containers and bottles.

NUDE FOOD DAY
Information for PARENTS

Nutrition Australia
Eco-Schools
Keep Australia Beautiful

WHAT IS NUDE FOOD?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

✓ TO PACK A NUDE FOOD LUNCH OR SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

I'M A NUDE FOOD WARRIOR

2019 Student Leadership

This term Year 5 students will have the opportunity to stand for the following leadership positions:

- Student Executive Team (Captains, Vice Captains and Prefects)
- House Captains (Captains and Vice Captains)
- Library Monitors

Criteria and roles of all positions will be explained to students in the upcoming weeks. You may wish to discuss the roles with your child. Please keep an eye out for notes that may come home in regards to these leadership opportunities.

Premiers Spelling Bee Regional Final

At the end of last term Ermington was extremely well represented by Dante, Isobel, Stephen and Aarav at Ryde East Public School for the annual Premier's Spelling Bee Regional Final. Finalists came from all around our local area and I believe all students had to spell some extremely tricky words. It was a great experience for our four super spellers and I congratulate and thank them. A special congratulations to Dante who was the runner up in the Senior section of this prestigious competition. Dante's prize included a subscription for the school to use the Macquarie dictionary online. We thank Dante for this great prize and for his exemplary spelling skills!



P&C Association Committee News

Fundraising Calendars, Cards, Diaries, Sketch Pads and Mouse Mats for 2019

Orders due back this week

Our children have been creating amazing artworks that can be made into 2019 Calendars, Cards, Diaries, Sketch Pads and Mouse Pads. Easy to post, these products make perfect Christmas presents for family and friends. Examples of the products can be viewed at the Office.

You can also upload your own photo by going to www.kidsartworks.com and following the instructions to upload your photo (**School Entrance Code: KA10026-18A**). Order forms were sent home last week and additional forms can be obtained from the office. Order forms are due back along with full payment by this Friday (26 October). Payment is by cash and cheque only (please make cheques payable to 'Ermington Public School P&C Association'). All funds raised will go towards the on-going donations made by the P&C to support learning at Ermington Public School. For more information or enquiries please contact Julie (0404 842 485) or Belinda (0414 460 941).

New School Banking rewards now available!

Exciting new Term 4 rewards with a Super Savers theme are now available, while stocks last!

Slushie Maker Cup



Zoom Flying Disk



For every deposit made at school students will receive a silver Dollarmites token. Your deposit count/tokens are also electronically tracked by School Banking so it doesn't matter if you lose your Silver Dollarmites tokens. You can also track your tokens on the new, fun, easy to use CommBank Youth App (visit www.commbank.com.au/schoolbanking for more details). Once students have individually collected 10 tokens they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits. Note that the Secret Scratch Pad that was available in Term 1 is now out of stock and no longer available. **Thank you for supporting the School Banking program and remember, School Banking day is every Tuesday.** If you are interested in volunteering to help with processing school banking on a Tuesday morning, please contact the School Banking Co-ordinator – Belinda Gethin (0414 460 941 or bgethin@aapt.net.au) or leave your details at the front office.

Uniform Shop Opening Times

Term 4 Dates

Tuesday 6 th November	(Week 4)	8:30am – 9:15am
Wednesday 7 th November	(Week 4)	5:30pm – 6:30pm
Tuesday 13 th November	(Week 5)	8:30am – 9:15am
Tuesday 20 th November	(Week 6)	8:30am – 9:15am
Tuesday 4 th December	(Week 8)	8:30am – 9:15am

School 24

Can't get to the school? Don't forget you can order online via schools24. www.school24.net.au your order will be processed and delivered to your child's class for you. *Interested in volunteering?* - We need one more volunteer to be able to open the shop for another day during the month. If you are interested please email us at epsuniformshop@gmail.com

Canteen News

DUMPLINGS are no longer available on Mondays and Tuesdays.

Canteen Roster

Monday 22 October	Wendy, Nirmali	Monday 29 October	Wendy, Nirmali
Tuesday 23 October	Wendy, Ku	Tuesday 30 October	Jinny, Rachel (5 th wk)
Wednesday	CLOSED	Wednesday	CLOSED
Thursday 25 October	Amanda, Cecilia	Thursday 1 November	Beth, Carol, Ah Young
Friday 26 October	Wendy, Belinda	Friday 2 November	Wendy, Julie M, Patricia

Canteen Volunteer Information

Volunteers Name _____
 Mobile Number _____ Email _____
 Childs Name _____ Class _____
 Please circle: Days you wish to volunteer: - Monday Tuesday / Thursday Friday
 How often do you wish to volunteer: - Once a week - Once a fortnight - Once a month
 OR if you can't spare a whole day, **please consider volunteering for just 1 hour 12.30pm - 1.30pm**
 - Our busiest time of the day. Please contact Wendy (Canteen Manager) 0412 154 004.

Live Life Well @ School
PLASTIC FREE HEALTHY LUNCHBOX



Be plastic free
 Use a lunch box with a variety of sections or a few smaller containers.
 Paper bags come in handy.
 Avoid plastic wrap, foil, zip lock bags, packaged foods.

Healthy plastic free tips

- Freeze healthy muffins and use each day.
- Cut your own cheese slices and place them with crackers in a small container.
- Pack a handful of dried cereal or snack mix with dried fruit (e.g. apples, sultanas, banana), pepitas and sunflower seeds in a small reusable container.
- Make a smoothie at home and store it in a cold thermos that holds the temperature until recess or lunch time.
- Pop your own popcorn and pack it in a

 Health
Northern Sydney
Local Health District

Live Life Well @ School
ACTIVE TRAVEL

Always wear a helmet when you ride and make sure you fit the helmet correctly





- 1** Allow two fingers between your eyebrows and your helmet
- 2** The straps should not be twisted or cover the ears. Ensure the straps join in a 'V' just below your ears
- 3** Allow two fingers between the helmet strap and your chin

For more tips: search 'bicycle helmets' at roadsafety.transport.nsw.gov.au

 Health
Northern Sydney
Local Health District

Newsletter Deadline

Articles should be submitted electronically to the School Office by 12 noon Monday.

These should be sent to:

ermington-p.school@det.nsw.edu.au

Subject: Newsletter Insert

The school often publishes information on behalf of community groups – parents need to decide on the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation in which you wish for your child to be involved. The school accepts no responsibility with regard to advertisements placed in the newsletter. Parents and guardians should make their own decision.



MEADOWBANK PUBLIC SCHOOL
SAT 3RD NOVEMBER
9AM - 1 PM

Book a table & Join the fun

Grab a bargain

COMMUNITY GARAGE SALE

WING WORM FARM

Stalls :
Toys
Clothes
Food

f FOLLOW US ON

FOR BOOKING A TABLE TO SELL YOUR ITEMS EMAIL US :
MEADOWBANKGARAGESALE@GMAIL.COM

Sp Adobe Spark

The poster features a white background with various items like shoes, a hat, and a scarf. A blue banner at the top contains the event details. A red dashed circle highlights the booking information. The text 'Grab a bargain' is in a playful, bubbly font. The 'COMMUNITY GARAGE SALE' text is in a large, white, sans-serif font on a blue background. The 'WING WORM FARM' logo is in green. The 'Stalls' section lists 'Toys', 'Clothes', and 'Food' in a textured, hand-drawn font. The Facebook logo and 'FOLLOW US ON' text are in the bottom left. The email address is in a bold, blue, sans-serif font. The Adobe Spark logo is in the bottom right.



Casual Work

School Crossing Supervisors – Work with your community
1 x Casual position – Ryde Local Government Area (00006J2W)

An important person in a child's school life is the School Crossing Supervisor, who ensures they cross the road safely. The role requires minimal hours out of your day and gives something worthwhile back to the community.

The hours are usually 8.00am to 9.30am and/or 2.30pm to 4.00pm Monday to Friday during school terms. You would be required to work a minimum of one, one hour shift as and when required. The base rate is \$27.62 per hour.

All the qualifications you need are community spirit, good communication skills, an alert and professional attitude to work and a reliable personality. The casual hours and school holidays would suit a parent or grandparent, a retiree or anyone wanting meaningful work — but not full-time.

Training for your key responsibilities of directing traffic to stop at the designated crossing and giving clear instructions to infants and primary school students to cross the road safely, will be provided. You may be required to attend a health assessment. Appointment is subject to a Working with Children Check clearance.

Roads and Maritime Services is an equal opportunity employer.

For further information on this exciting opportunity please call 1300 305 855 or go to iworkfor.nsw.gov.au

Applications close Sunday, 28 October 2018



Transport
Roads & Maritime
Services