



Ermington Public School Newsletter



Winbourne Street, West Ryde NSW 2114
Email: ermington-p.school@det.nsw.edu.au
Phone: 02 9874 4109 Fax: 02 9804 7552

Week 3 Term 4

Tuesday 30th October 2018

CALENDAR OF EVENTS

Week 3 Term 4

Monday 29th October Ryde School Spectacular Concert – Sydney Opera House

Tuesday 30th October Kindergarten Orientation Day #2

Wednesday 31st October Nude Food Day

Week 4 Term 4

Monday 5th November Band Demonstration Years 2-5 – School Hall

Tuesday 6th November Kindergarten Orientation Day #3

Wednesday 7th Nov Surf Awareness – Stage 2 & 5L

K-6 Assembly – 2:05pm

Thursday 8th November P&C AGM – 7:30pm

Epping District Music Festival – Rehearsal and Evening Performance

Week 5 Term 4

Thursday 15th November Parliament House visit – Prefects and Parents

Week 6 Term 4

Wednesday 21st Nov P&C Cake Stall

Thursday 22nd November 3-6 Assembly – 2:05pm

Friday 23rd November K-2 Assembly – 11:30am

Stage 1 Excursion – Old Schoolhouse Museum

Week 7 Term 4

Wednesday 28th Nov Year 6 Mini Fete – 11:30am

Thursday 29th November Scripture Concert

- Years 3-6 - 9:30am – 10:00am

- K-2 - 10:15am – 10:45am

Friday 30th November OC Orientation Day

NOTES/PAYMENT THIS WEEK

Epping District Music Festival

- **Please finalise**

Kindy Field of Mars Excursion (\$28.00)

- **Permission Note and Payment by Monday 5th November**

Surf Education (\$45.00)

- **Permission Note and Payment by Wednesday 31st October**

Stage 1 - Old Schoolhouse Museum Excursion (\$27.00)

- **Permission Note and Payment by Friday 9th November**

School Concert (\$5 All Students)

- **Permission Note and Payment (CASH ONLY) – ASAP**

** No money collected on Fridays **

The focus for this week is **DO YOUR BEST**. All students are encouraged to challenge themselves to do their best at all times. In the classroom students set a variety of goals in different curriculum areas and strive to achieve them. Students can do their best by being an active learner and a positive role model for others in the school.



Kindergarten Orientation #2

What a fantastic and exciting morning this morning. The Kindergarten students of 2019 eagerly arrived this morning for their second orientation day. Today the students got to meet their buddies for next year and enjoyed their first recess together under the K-2 COLA. There were smiles everywhere!



Communication

This term we have had a slight change to the organisation of our executive members. Please note the changes below.

- Early Stage 1 – Rosemary Stevens
- Stage 1 – Mandy Ennion
- Stage 2 – Carolyn Amat
- Stage 3 – Narelle MacKenzie

Ryde Schools' Spectacular

Last night the Sydney Opera House was buzzing with excitement as students, parents, grandparents and teachers arrived for the Ryde Schools' Spectacular. The students of Ermington Public School who were part of the combined choir, dance group and strings were amazing representatives of our wonderful school. Congratulations to all involved. It was a great night enjoyed by those in the audience and those who performed. Thank you parents for making sure that your children attended the rehearsals throughout the year and the performance last night.

Band Demonstration

On Monday 5th November students in Years 2 – 5 will attend the Band Demonstration. This is a great opportunity for students to be able to see the band perform the songs that they have learnt throughout the year. The band will show off the instruments that students have the opportunity to learn to play. Students will come home with an expression of interest information note. They will then be invited for a trial of the instruments that they are interested in later on in the term.

Requests for 2019

Each year, parents are offered the opportunity to inform the school as to circumstances that may impact on their child's schooling the following year. If you wish to raise aspects of your child's placement in 2018, please note this concern in a letter addressed to myself and marked 'confidential'. Please note that this information is only used for 2019 placements so if you have issues that have extended over a few years, you will need to write a new submission. The school will listen to your concerns but please trust and understand that class placement is the decision of the school.

Is your child leaving Ermington Public School at the end of the 2018 school year?

The Executive will soon begin the task of organising classes for 2019. Please inform the school (via a letter or email) addressed to myself if your child is NOT returning to Ermington Public School in 2019. Thank you for your cooperation in this matter.

Have a wonderful week and enjoy the warmer weather!

Kind Regards,

Samantha Newth
Relieving Principal

Stage News

Kindergarten

Thank you to our wonderful Grandparents and visitors who came to visit on Grandparents' Day. It was such a lovely time, celebrated with a special assembly and followed by morning tea on the oval. We hope you enjoyed it as much as we did! The 2nd session of Kindy Orientation took place today and we are very impressed the students who will be joining our Ermington PS community next year. Our sight words for Week 3 are 'were, very, shopping and bought' and our sound is 'ai'. Just a friendly reminder that the Kindy teachers would greatly appreciate any extra glue sticks or paper towels you may be able to send in, just to get us to the end of the year! Thank you in anticipation!

Stage 1

Welcome back to Week 3. Last Wednesday, Stage One students had a wonderful day celebrating Grandparents Day. We would like to thank all families who visited us as well as the K-2 Dance Group for all of their hard work. The K-2 Dance Group did a great job performing at the first Kindergarten Orientation Day as well as the Grandparents' Day Assembly. Last week, students took home a green Schoolhouse Museum excursion note. To assist teachers with the organisation, please return notes and money as soon as possible; thank you to families who already have. This week, Mrs Foster will be taking Stage One students around the school to discuss how the school has changed over time. Don't forget that this Wednesday is our first Nude Food Day. We are asking all students to try their best to use reusable containers to store their recess and lunch food items in. A great tip is to buy items in bulk – not only does this reduce the rubbish at school and home, but it can even save you money! Ermo is looking forward to seeing all of the boys and girls efforts.

Stage 2

This week we are enjoying our speaking and listening tasks. The students displayed enthusiasm to present their speeches that include props, costumes and imaginative use of their voice. We are very impressed with these and the teachers have thoroughly enjoyed being taken back in time. We would like to remind students that Surd Education notes are due in tomorrow. Other notes that are due include presentation day, web 2.0 tools and the concert performance. Please start bringing in your \$5 participation fee so the teachers can finalise any costumes and props required for each class.



Stage 3

Nominations for student executive are well underway and we all look forward to hearing their speeches in the coming weeks. All classes are rehearsing madly for the upcoming concert to be held at Marsden High School in Week 8. Congratulations to all those dancers and singers who performed at the Opera House on Monday evening. It is always a great pleasure to see how well children from our school behave at these various venues.

Ryde School Spectacular - Choir

Last night the Senior Choir participated at the Ryde Schools' Spectacular at the Sydney Opera House. They all sang beautifully with the 25 other schools participating. Dylan, Julia and Eric played their violin beautifully during 'You Raise me Up'. We were very impressed by their exemplary behaviour and did them themselves and the school very proud. We would like to thank all of the parents, friends and extended families for attending and supporting this wonderful event.



Miss Blackman and Mrs Dhanji

Ryde School Spectacular - Dance

Last night, our talented 3-6 Dance Group performed at the Ryde Schools' Spectacular at the Sydney Opera House. We had a fantastic night and our students were so excited to perform. It was a long wait for them but when they finally got onto the stage to perform they were beautiful and exceeded our expectations. We are all so proud of their performance last night but also the hard work and dedication that they have put in this year. A big thank you to our dance parents who sat in the audience and cheered us on. You have been so supportive this year. What another successful year for Ermington Public School's 3-6 Dance Group.



Miss Brown and Mrs Harrison

Ozobots

4T and 6G are enjoying working together to learn how to program the school's Ozobots. The tasks are becoming more complex each week but the students are relishing the opportunity to apply their problem-solving and teamwork skills to find solutions to each challenge.



Nude Food Day

Did you know that 50% of items in school bins come from food and drink packaging from home? Please help us reduce this number by participating in Ermington Public School's first Nude Food Day. Nude food is simply food that is not stored in foil, cling wrap or commercial packaging.

Nude Food Day will be on Wednesday 31st October, and continue every Wednesday for the rest of the term. Please help support this great cause by packing your child's food and drink in reusable containers and bottles.

Information for PARENTS

WHAT IS NUDE FOOD?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

✓ TO PACK A NUDE FOOD LUNCH OR SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

I'M A NUDE FOOD WARRIOR

Friday 2nd November - PSSA Draw

Sport	Next game Location
Softball – Boys	Boronia Park
Softball – Girls	Boronia Park
Cricket Seniors	Morrison Bay
Cricket Junior	Morrison Bay
T Ball – Mixed	Boronia Park
T Ball – Girls	Boronia Park
Newcombe Ball - Junior	Morrison Bay
Newcombe Ball - Senior	Morrison Bay

P&C AGM

Everyone is welcome to our Annual General Meeting on the 7th November at 7:30pm in the school library. At this meeting we will be electing our new Executive for 2018-2019. Please have a look at the attached letter which explains more about the meeting and the roles involved. Perhaps you will be able to help improve the lives of over 400 students and their families. Please click on the following link to see the 2018 P&C Agenda.

<https://docs.google.com/document/d/1oCCpNdg5oOEqs1UVOcDXwDM31CU05rAAax7EAjtjome8/preview>

If you have any questions please contact Jason, our secretary at secretary@ermingtonparents.net

For more information about P&C positions, is available at the end of this newsletter.

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." — Unknown

Fundraising Calendars, Cards, Diaries, Sketch Pads and Mouse Mats for 2019

Order deadline Extended until this Friday, 2nd November

Our children have been creating amazing artworks that can be made into 2019 Calendars, Cards, Diaries, Sketch Pads and Mouse Pads. Easy to post, these products make perfect Christmas presents for family and friends. Examples of the products can be viewed at the Office.

You can also upload your own photo by going to www.kidsartworks.com and following the instructions to upload your photo (**School Entrance Code: KA10026-18A**). Order forms were sent home last week and additional forms can be obtained from the office. Order forms are due back along with full payment by this Friday (2nd November). Payment is by cash and cheque only (please make cheques payable to 'Ermington Public School P&C Association'). All funds raised will go towards the on-going donations made by the P&C to support learning at Ermington Public School. For more information or enquiries please contact Julie (0404 842 485) or Belinda (0414 460 941).

Uniform Shop Opening Times

Term 4 Dates

Tuesday 6 th November	(Week 4)	8:30am – 9:15am
Wednesday 7 th November	(Week 4)	5:30pm – 6:30pm
Tuesday 13 th November	(Week 5)	8:30am – 9:15am
Tuesday 20 th November	(Week 6)	8:30am – 9:15am
Tuesday 4 th December	(Week 8)	8:30am – 9:15am

School 24

Can't get to the school? Don't forget you can order online via schools24. www.school24.net.au your order will be processed and delivered to your child's class for you. **Interested in volunteering?** - We need one more volunteer to be able to open the shop for another day during the month. If you are interested please email us at epsuniformshop@gmail.com

OOSH Enrolments

With the new year upon us it is time to start thinking about before and afterschool care options. Ermington Out of School Hours Care is located on the school grounds, offering before and afterschool care and a vacation care program.

- For our existing families re-enrolments will open Monday 5th November 2018 (Week 4).
- For new families, the enrolment period begins Monday 12th November 2018 (Week 5).

Our operating hours are:

- Before school care: 7:00am-8:30am
- After school: 3:00pm-6:00pm
- Vacation Care: 7:00am-6:00pm

Permanent Fees:

- AM \$9.50
- PM \$17:00

Casual Fees:

- AM \$10.50
- PM \$18.00



Ermington OOSH

To ensure you are up to date with what is happening at the centre please download the TEAM APP from Apple or Google play. Once downloaded, search for Ermington OOSH. We look forward to meeting you all.

The OOSH Team

Canteen News

Canteen Roster

Monday 29 October	Wendy, Nirmali	Monday 5 November	Wendy, Nirmali
Tuesday 30 October	Jinny, Rachel	Tuesday 6 November	Jinny Rachel
Wednesday	CLOSED	Wednesday	CLOSED
Thursday 1 November	Beth, Carol, Young	Thursday 8 November	Julie, Kate, Kim (am)
Friday 2 November	Wendy, Julie M, Patricia	Friday 9 November	Wendy, Michelle

Canteen Volunteer Information

Volunteers Name _____

Mobile Number _____ Email _____

Childs Name _____ Class _____

Please circle: Days you wish to volunteer: - Monday Tuesday / Thursday Friday

How often do you wish to volunteer: - Once a week - Once a fortnight - Once a month

OR if you can't spare a whole day, **please consider volunteering for just 1 hour 12.30pm - 1.30pm**

- Our busiest time of the day. Please contact Wendy (Canteen Manager) 0412 154 004.

Live Life Well @ School

PLASTIC FREE HEALTHY LUNCHBOX



Be plastic free

Use a lunch box with a variety of sections or a few smaller containers.

Paper bags come in handy.

Avoid plastic wrap, foil, zip lock bags, packaged foods.

Healthy plastic free tips

- Freeze healthy muffins and use each day.
- Cut your own cheese slices and place them with crackers in a small container.
- Pack a handful of dried cereal or snack mix with dried fruit (e.g. apples, sultanas, banana), pepitas and sunflower seeds in a small reusable container.
- Make a smoothie at home and store it in a cold thermos that holds the temperature until recess or lunch time.
- Pop your own popcorn and pack it in a



Health
Northern Sydney
Local Health District

Live Life Well @ School

ACTIVE TRAVEL

Always wear a helmet when you ride and make sure you fit the helmet correctly

1 Allow two fingers between your eyebrows and your helmet



2 The straps should not be twisted or cover the ears. Ensure the straps join in a 'V' just below your ears



3 Allow two fingers between the helmet strap and your chin



For more tips:
search 'bicycle helmets' at
roadsafety.transport.nsw.gov.au



Health
Northern Sydney
Local Health District

Newsletter Deadline

Articles should be submitted electronically to the School Office by 12 noon Monday.

These should be sent to:

ermington-p.school@det.nsw.edu.au

Subject: Newsletter Insert

The school often publishes information on behalf of community groups – parents need to decide on the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation in which you wish for your child to be involved. The school accepts no responsibility with regard to advertisements placed in the newsletter. Parents and guardians should make their own decision.



High Quality Early Childhood Education in a small Long Day Care environment.

There are some vacancies but they're filling up fast.

Book now for 2019!

Call Belinda on 9807 1619

MEADOWBANK PUBLIC SCHOOL
SAT 3RD NOVEMBER
9AM - 1 PM

Book a
table
&
Join the
fun

Grab a bargain

COMMUNITY GARAGE SALE

WING
WORM
FORM

Stalls :

Toys

Clothes

Food



FOR BOOKING A TABLE TO SELL YOUR ITEMS EMAIL US :
MEADOWBANKGARAGESALE@GMAIL.COM

Sp Adobe Spark



Ermington Public School Parents and Citizens Association



Address: Winbourne Street, West Ryde

Website: ermingtonparents.net

Email: secretary@ermingtonparents.net

An import opportunity for all parents

Dear Ermington Parents,

I am writing to you to let you know of a great opportunity to help your children and others at our Annual General Meeting which will be held Wednesday 7th November, 7:30pm in the School Library.

The P&C allows our children and community to enjoy:

- A canteen with healthy and reasonably-priced food
- A uniform shop providing quality clothes.
- The Biennial Fete - a fantastic day where EPS and the wider community eat, play and raise funds for the school. (This raised \$40,000 for the school in 2017)
- Kiss and Ride, Disco, Movie and Trivia nights, End of year Party Days, Mother's Day & Father's Day BBQ's and sausage sizzles and lot's more .

Perhaps most importantly, the school has benefited from over \$60,000 in funds each year. In addition our P&C provides the ability to attract grants which amount to tens of thousands in funding for projects like the new COLA which was completed this year .

This all happens with the help of many parent helpers across all school years.

The group who coordinate all this effort are the members of the P&C Executive.

These roles are not overly time-consuming, but are essential for the ongoing running of the Ermington P&C Association. In short the main duties are:

- **President (and 2 Vice Presidents)** - run the monthly general meetings, encourage and communicate with parents and liaise with the Principal on parent-related matters. While some public speaking has been a feature of the role, there is no reason this can't be delegated to any member of the Executive.
[P&C Fact Sheet on role of President](#)
- **Secretary** - Act as a contact point for the Association and keep minutes of the meetings. This has been simplified by the use of the Trello app for organising agendas and minutes.
[P&C Fact Sheet on role of Secretary](#)
- **Treasurer** - prepare / present a financial report for monthly Meetings and oversee the accounts. This is probably the most time-consuming of the roles, but we hope to share the tasks among more people in the year ahead. (If you are able to help with some book-keeping or paperwork please let us know.)
The Treasurer is a critical role in a Fete year (which 2019 is)
[P&C Fact Sheet on role of Treasurer](#)

Ermington Public School is such a wonderful place for our kids to learn and grow. Over the years, the help and support of parents has made Ermington even more special. However,

Parents.Together.Helping our kids

we must not get complacent or we risk losing the benefits we have at Ermington.

The positions are open to all parents who join the Association (and pay the 50c joining fee on the night). Know that if you take these roles on, there are lots of people to help to ensure a smooth transition and that you have all the information you need.

The roles can be largely performed out of hours with minimal impact on full-time work.

If you would like to nominate or know someone you think would be good for the role(s), or you would like to know more about what is involved in a role, please contact the Secretary at secretary@ermingtonparents.net.

Please think about it and then come to the meeting so we can help each other to keep Ermington a great school. A huge "Thank You" to all the existing 2018 Executive members and P&C volunteers for their commitment, effort and care in running the P&C. Without your efforts Ermington would be a lesser place.

Vicki Tanner
President 2018

NOTE: You will be able to join and vote on the night as we are starting a new membership year cycle.