



# Ermington Public School Newsletter



Winbourne Street, West Ryde NSW 2114  
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Phone: 02 9874 4109 Fax: 02 9804 7552

Week 4 Term 4

Wednesday 7<sup>th</sup> November 2018

## CALENDAR OF EVENTS

### Week 4 Term 4

**Monday 5<sup>th</sup> November** Band Demonstration Years 2-5 – School Hall  
**Tuesday 6<sup>th</sup> November** Kindergarten Orientation Day #3  
**Wednesday 7<sup>th</sup> Nov** Surf Awareness – Stage 2 & 5L

**P&C AGM – 7:30pm – Postponed till  
Wednesday 14<sup>th</sup> November**

**Thursday 8<sup>th</sup> November** K-6 Assembly – 2:05pm  
Rotary Awards Dinner – 6:30pm  
Epping District Music Festival – Rehearsal and Evening Performance

### Week 5 Term 4

**Wednesday 14<sup>th</sup> Nov** Kindergarten Excursion – Field of Mars  
**P&C AGM – 7:30pm - Library**  
**Thursday 15<sup>th</sup> November** Parliament House visit – Prefects and Parents

### Week 6 Term 4

**Wednesday 21<sup>st</sup> Nov** P&C Cake Stall  
**Thursday 22<sup>nd</sup> November** 3-6 Assembly – 2:05pm  
Stage 1 Excursion – Old Schoolhouse Museum  
**Friday 23<sup>rd</sup> November** K-2 Assembly – 11:30am

### Week 7 Term 4

**Wednesday 28<sup>th</sup> Nov** Year 6 Mini Fete – 11:30am  
**Thursday 29<sup>th</sup> November** Scripture Concert  

- Years 3-6 - 9:30am – 10:00am
- K-2 - 10:15am – 10:45am

**Friday 30<sup>th</sup> November** OC Orientation Day

### Week 8 Term 4

**Tuesday 4<sup>th</sup> December** Year 7 2019 High School Orientation Day  
**Thursday 6<sup>th</sup> December** School Concert Matinee and Evening Performance  
**Friday 7<sup>th</sup> December** Summer PSSA Finals

## NOTES/PAYMENT THIS WEEK

### Epping District Music Festival

- **Please finalise**

### Kindy Field of Mars Excursion (\$28.00)

- **Please Finalise**

### Stage 1 - Old Schoolhouse Museum Excursion (\$27.00)

- **Permission Note and Payment by Friday 9<sup>th</sup> November**

### School Concert (\$5 All Students)

- **Permission Note and Payment (CASH ONLY) – ASAP**

### Presentation Day

- **Please return permission note your child's teacher**

*\* No money collected on Fridays \**

## Stay Safe

It is important each and every day to make sure that we are safe at school. We encourage all students to play safely and fairly. If you see something that is unsafe it is very important to report this to the teacher on duty when out on the playground or your classroom teacher. Don't forget to try your best to stay safe and to keep others safe!



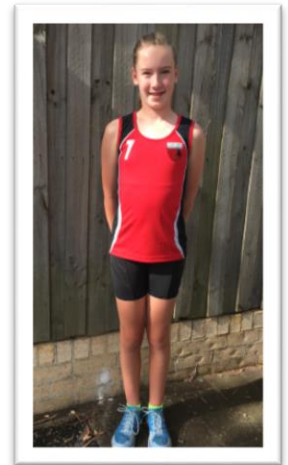
### Band Demonstration

Yesterday afternoon the students had an opportunity to watch a wonderful band demonstration. The students gained an understanding of what happens in band, the instruments they could learn to play and best of all listen to the wonderful band perform. We look forward to seeing many new members join the band program in 2019.

### State Athletics

Jessica J last week participated in several events at the State Athletics Carnival. We are extremely proud of her and would like to congratulate her on such a wonderful achievement. Her results are as follows:

- 7<sup>th</sup> place in Shot Put with a Personal Best throw of 10.46m
- 10<sup>th</sup> place in Discus with a throw of 25.61m
- 13<sup>th</sup> place in High Jump with a jump of 1.35m



### Guidelines for Parent and School Communication

Our school is committed to building a safe and happy environment for students, staff, parents and the broader community. Good communication between home and school is a dual responsibility shared by parents/carers and staff. Parents/Carers are invited to communicate with the school if and when it is necessary to do so. To assist parents in knowing how best to communicate, we provide the following guidelines.

1. First identify who the most appropriate person is to respond to the matter.
2. Communicate with that person to make a suitable time to discuss the matter. Meeting arrangements can be made through a phone call, a letter or an email. The staff member will respond to your request as soon as it is possible to do so.
3. Prior to your meeting inform the staff member you are meeting with what you would like to discuss at the meeting, this will allow them time to gather data to be able to respond more effectively.
4. Should parents have concerns about a child other than their own, then this needs to be done through the class teacher or member of the executive team. Parents are not permitted to approach children in the school to address issues. It is also unhelpful and not appropriate to make direct contact with other parents regarding the school matter.
5. Should a parent/carer believe that the matter hasn't been resolved after the initial meeting you can request to make an appointment with the Assistant Principal or Principal.

This series of steps can successfully facilitate full and fair discussion of all points of view surrounding an issue and quickly lead to satisfactory outcomes for all involved. We at Ermington are committed to positive, open and respectful relationships which are important to our school community.

### Requests for 2019

Each year, parents are offered the opportunity to inform the school as to circumstances that may impact on their child's schooling the following year. If you wish to raise aspects of your child's placement in 2018, please note this concern in a letter addressed to myself and marked 'confidential'. Please note that this information is only used for 2019 placements so if you have issues that have extended over a few years, you will need to write a new submission. The school will listen to your concerns but please trust and understand that class placement is the decision of the school.



### **Is your child leaving Ermington Public School at the end of the 2018 school year?**

The Executive will soon begin the task of organising classes for 2019. Please inform the school (via a letter or email) addressed to myself if your child is NOT returning to Ermington Public School in 2019. Thank you for your cooperation in this matter.

Have a wonderful week and enjoy the warmer weather!

Kind Regards,

Samantha Newth  
Relieving Principal

## **Stage News**

### **Kindergarten**

Our third and final Orientation morning for the year took place today and we look forward to meeting all our new Kindies again when they join us in 2019. It's Free Choice for News this week and it is always interesting to hear and/or see what our students decide to share. Next Wednesday 14/11, we will be venturing forth on our Teddy Bears' Picnic excursion and so now would be a good time for each of us to start thinking about the teddy bear which we will bring along (not too big, not too small, just right...). Our sight words for the week are 'one, lived, coins and money' and our sound is 'oa'. We have a K-6 Assembly in the hall this Thursday commencing at 2:05pm sharp and look forward to seeing you there!

### **Stage 1**

Welcome to Week 4. Stage One students have been busy practising their items for the end of year performance. Don't forget to return your child's presentation day note along with their \$5 costume contribution as soon as possible. If you happen to be crafty or would like to assist teachers with costumes, please let your child's classroom teacher know. Students have been intrigued with learning about our school's history, this term. Mrs Foster will be leading Stage 1 classes around the school to discuss some of the changes that have occurred overtime. Thank you to parents who have paid and returned permission notes for their child to attend the School House Museum excursion, please remember to return any notes and money if you have not done so already.

### **Stage 2**

Just a reminder that our Surf Education excursion at Freshwater Beach is on this Wednesday. Buses will leave school at 8:30am so please make sure you are here by 8:15am. Students need to wear their sports uniform with swimmers on underneath. Students need to bring a rash vest, board shorts, hat, sunscreen, water bottle, recess, lunch and a plastic bag for wet items. Make sure everything is labelled with your child's name. If your child is not attending then they are still required to attend school for that day. Our students are so excited for the excursion and have learnt a lot more about it after the surf awareness talk last week.

Congratulations to our Stage 2 students who have presented fantastic speeches and presentations. We are all so impressed with the time that students have taken to research information on their chosen convict. Well done to students who made videos, photos, presentations, involved props and costumes into their speech. The weather is beginning to heat up so just a reminder for students to bring their hats and a water bottle to school. Students are reminded to bring in their permission notes for Presentation Day and School Concert as well as \$5 for the school concert. All classes have been having weekly practices and they are looking like outstanding performances already!

### **Stage 3**

It is a very exciting time of year for everyone at Ermington as there is so much going on! Band demonstration yesterday which may entuse new members to join next year as playing music in a band is such a wonderful experience. Learning to play a musical instrument is so beneficial! Also we are all learning a new dance for the concert which is not only fun but great exercise. We all learnt a great deal about surf safety last week in the surf awareness talks. Good luck to all those performing at the Epping Music Festival on Thursday night. Well done to all those students who brought their food last Wednesday in recyclable containers.



### Nude Food Day

A big thank you to everyone who participated in Ermington Public School's first ever Nude Food Day. Let's keep up the incredible work and continue to bring in Nude Food every Wednesday.



**NUDE FOOD DAY** Information for PARENTS

**WHAT IS NUDE FOOD?**

**NUDE FOOD** is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

**✓ TO PACK A NUDE FOOD LUNCH OR SNACK- YOU WILL NEED:**

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

**✗ TRY TO AVOID:**

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

**TIPS FOR PACKING NUDE FOOD LUNCHES:-**

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to [www.nudefoodday.com.au/resources](http://www.nudefoodday.com.au/resources) for Nude Food recipe ideas.

**I'M A NUDE FOOD WARRIOR**

### Selective High School Application 2020 Closing Date

Parents must apply online by Monday 12<sup>th</sup> November 2018. The application site will close at 10pm on Monday 12<sup>th</sup> November 2018.

Selective high schools cater for high achieving academically gifted students. Last term a note was sent home with all Year 5 students providing details of the application process for entry to Year 7, 2020 at Selective High Schools.

The online application site opened on Tuesday 9<sup>th</sup> October 2018.

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>

**Parents must apply online by Monday 12<sup>th</sup> November 2018. The application site will close at 10pm on Monday 12<sup>th</sup> November 2018.** This closing date will be strictly observed. You have the option of changing your school choices up until **26<sup>th</sup> April 2019**. Please contact the school to speak with Mrs Amat if you have any questions about the application process.

**Mrs Amat**  
**(R/Assistant Principal)**

## Join Band!



Is your child interested in joining the school band? The school band is now taking enrolments for 2019 and is open to all students currently in years 2-5. No prior experience is required.

Yesterday students will saw demonstration concert at school that highlights the different instruments available for tuition. They received a green School Band Program note providing introductory information.

What do you need to do? Return the expression of interest from the bottom of the green note to try a variety of instruments with trained music tutors, to help your child find the instrument to which they are best suited. The results of this instrument trial will be sent home with comprehensive enrolment information.

Learning an instrument in an ensemble is a great way to experience the social, educational and personal benefits that music and the arts have to offer! TSA provides a quality instrumental program, with full ensemble rehearsals, great value tuition and rent-to-buy instrument hire.

For more information on your school instrumental program, please contact TSA below. ABN 43 099 422 129



PO Box 87 Kenthurst NSW 2156  
Unit 31 / 286-287 New Line Rd Dural NSW 2158

office hours Monday - Friday 9am - 4.30pm

phone (02) 9651 7333 fax (02) 9651 7133

email [info@teachingservices.com.au](mailto:info@teachingservices.com.au)

Friday 9<sup>th</sup> November - PSSA Draw

Sport	Next game Location
Softball – Boys	Meadowbank Park
Softball – Girls	Meadowbank Park
Cricket Seniors	Meadowbank Park
Cricket Junior	Meadowbank Park
T Ball – Mixed	Meadowbank Park
T Ball – Girls	Meadowbank Park
Newcombe Ball - Junior	Meadowbank Park
Newcombe Ball - Senior	Meadowbank Park

P&C Association Committee News

**P&C AGM**

Everyone is welcome to our Annual General Meeting on the **Wednesday 14<sup>th</sup> November at 7:30pm** in the school library please note the change in date. At this meeting we will be electing our new Executive for 2018-2019. Please have a look at the attached letter which explains more about the meeting and the roles involved. Perhaps you will be able to help improve the lives of over 400 students and their families. Please click on the following link to see the 2018 P&C Agenda.

<https://docs.google.com/document/d/1oCCpNdg5oOEqs1UVOcDXwDM31CU05rAAax7EAtjome8/preview>

If you have any questions please contact Jason, our secretary at [secretary@ermingtonparents.net](mailto:secretary@ermingtonparents.net)

For more information about P&C positions, is available at the end of this newsletter.

*"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." — Unknown*

Uniform Shop News

Uniform Shop Opening Times

**Term 4 Dates**

Tuesday 6 <sup>th</sup> November	(Week 4)	8:30am – 9:15am
Wednesday 7 <sup>th</sup> November	(Week 4)	<b>CLOSED</b>
Tuesday 13 <sup>th</sup> November	(Week 5)	8:30am – 9:15am
Tuesday 20 <sup>th</sup> November	(Week 6)	8:30am – 9:15am
Tuesday 4 <sup>th</sup> December	(Week 8)	8:30am – 9:15am

**School 24**

Can't get to the school? Don't forget you can order online via schools24. [www.school24.net.au](http://www.school24.net.au) your order will be processed and delivered to your child's class for you. **Interested in volunteering?** - We need one more volunteer to be able to open the shop for another day during the month. If you are interested please email us at [epsuniformshop@gmail.com](mailto:epsuniformshop@gmail.com)

**OOSH Enrolments**

With the new year upon us, it is time to start thinking about before and afterschool care options. Ermington Out of School Hours Care is located on the school grounds, offering before and afterschool care and a vacation care program.

- For our existing families re-enrolments opened yesterday, Monday 5th November 2018.
- For new families, the enrolment period begins next Monday, 12th November 2018.

Our operating hours are:

- Before school care: 7:00am-8:30am
- After school: 3:00pm-6:00pm
- Vacation Care: 7:00am-6:00pm



**Ermington OOSH**

Permanent Fees: <ul style="list-style-type: none"> <li>• AM \$9.50</li> <li>• PM \$17:00</li> </ul>	Casual Fees: <ul style="list-style-type: none"> <li>• AM \$10.50</li> <li>• PM \$18.00</li> </ul>
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To ensure you are up to date with what is happening at the centre, please download the TEAM APP from Apple or Google play. Once downloaded, search for Ermington OOSH. We look forward to meeting you all.

**The OOSH Team**

**Canteen News**

**Canteen Roster**

<b>Monday 5 November</b>	Wendy, Nirmali	<b>Monday 12 November</b>	Wendy, Nirmali
<b>Tuesday 6 November</b>	Jinny Rachel	<b>Tuesday 13 November</b>	Ros, Hebe
<b>Wednesday</b>	<b>CLOSED</b>	<b>Wednesday</b>	<b>CLOSED</b>
<b>Thursday 8 November</b>	Julie, Kate, Kim (am)	<b>Thursday 15 November</b>	Melinda, Alison, Kim (am)
<b>Friday 9 November</b>	Wendy, Michelle, Cecilia	<b>Friday 16 November</b>	Wendy, Lisa, Cecilia

**Canteen Volunteer Information**

Volunteers Name _____	_____
Mobile Number _____	Email _____
Childs Name _____	Class _____
Please circle: Days you wish to volunteer: -    Monday    Tuesday    /    Thursday    Friday	
How often do you wish to volunteer: -    Once a week    -    Once a fortnight    -    Once a month	
<p>OR if you can't spare a whole day, <b>please consider volunteering for just 1 hour 12:30pm – 1:30pm</b>          - Our busiest time of the day. Please contact Wendy (Canteen Manager) 0412 154 004.</p>	

## Live Life Well @ School

### HEALTHY SCHOOL CELEBRATIONS



*From birthdays to holidays, there are many celebrations in schools. Each student's birthday can mean multiple birthday cakes and party foods in the classroom...*

**Let's help kids celebrate with some FRESH ideas:**

#### Hello Creativity

Make a birthday sign, stickers or a badge for your birthday boy or girl to wear

#### Eat a Rainbow

Pack a NEW fruit or vegetable for Crunch & Sip for the whole class to try or send in fruit kebabs or a fruit platter

#### Move More

Think of presents that help kids get active at recess or lunch – balls, frisbee, skipping rope

#### Mini Masterchef

Whip up some tasty fruit or veggie mini muffins or pikelets. Search for recipes at [www.cancercouncil.com.au](http://www.cancercouncil.com.au)

More tips:

[www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)



Health  
Northern Sydney  
Local Health District

## Coffee and Prayer



A group of Christian parents get together twice a term to pray for our school.

The next meeting is at **Linda's place**

**on Thursday, 15 November** commencing at **9:30am** (Week 5).

Babies and toddlers welcome.

Give Linda a call for more info: 0412 481 859.



## Newsletter Deadline

Articles should be submitted electronically to the School Office by 12 noon Monday.

These should be sent to:

[ermington-p.school@det.nsw.edu.au](mailto:ermington-p.school@det.nsw.edu.au)

**Subject: Newsletter Insert**

The school often publishes information on behalf of community groups – parents need to decide on the appropriateness of activities involving their child. It is the responsibility of each parent to research the bona fides of any organisation in which you wish for your child to be involved. The school accepts no responsibility with regard to advertisements placed in the newsletter. Parents and guardians should make their own decision.

Presenting  
**Parramatta City Brass Band**  
In the  
**Australian Composers & Arrangers Concert**

Featuring:  
Grainger, Williams,  
Forsyth and much more!

Saturday 17 November 2018  
2pm

Venue: Granville Town Hall,  
10 Carlton St, Granville

**Tickets:**  
\$15 Adult  
\$10 Child (5-12 years)  
\$10 Pensioners  
\$35 Family (x2 Adult + x2 Child)

Available Online:  
trybooking <https://www.trybooking.com/YVLN>

The poster features a background image of the Sydney Harbour Bridge. The text is overlaid on a blue and red background. There is a map of Australia on the left side, a flag of Australia, and a yellow star with a blue and yellow striped base on the right side.

For more information visit:

<https://parracitybrassband.wixsite.com/websitepcb>

Give us a like and follow us on:



@ParramattaBrassBand



@ParraCityBand



@parracityband